

SACRED ART TOUR 2017

Schedule at a Glance

Tuesday, January 17

10:00 a.m.	Opening Ceremony
10:30 a.m.	Mapping of Mandala
12:00 p.m.	Meditation and Dharma Hour
4:00 p.m.	Mani Stone Workshop*
5:30 p.m.	Evening Chanting

Wednesday, January 18

10:00 a.m.	Morning Chanting & Mandala
12:00 p.m.	Meditation and Dharma Hour
4:00 p.m.	Tibetan Butter Sculpture Workshop*
5:30 p.m.	Evening Chanting

Thursday, January 19

10:00 a.m.	Morning Chanting & Mandala
12:00 p.m.	Meditation and Dharma Hour
5:30 p.m.	Evening Chanting
7:00 p.m.	Authentic Tibetan Cooking and Dinner

Friday, January 20

10:00 a.m.	Morning Chanting & Mandala
12:00 p.m.	Tibetan Lunch prepared with the Monks
2:00 p.m.	Mani Stone Workshop*
4:30 p.m.	Meditation and Dharma Hour
5:30 p.m.	Evening Chanting

Saturday, January 21

10:00 a.m.	Morning Chanting & Mandala
11:00 a.m.	Pet Blessing*
12:00 p.m.	Meditation and Dharma Hour
2:00 p.m.	Butter Sculpture Workshop*
5:30 p.m.	Evening Chanting
7:00 p.m.	Farewell Dinner prepared by with Monks

Sunday, January 22

10:00 a.m.	Morning Chanting & Mandala
11:00 a.m.	Mani Stone Workshop*
12:00 p.m.	Meditation and Dharma Hour
1:00 p.m.	Snow Lion Tibetan Cultural Pageant Spectacular*
3:00 p.m.	Dissolution Ceremony

*Children must be accompanied by an adult

Opening Ceremony: Experience a symbolic walk through our peace garden and into the Museum's main gallery led by the monks of the Drepung Gomang Monastery. The monks will perform a blessing of the space with chanting and traditional instruments. Once completed, they will begin marking and measuring the mandala.

Mandala Construction: The monks will create a sand mandala for the Buddha of compassion: Chenrezig. The purpose of the construction of this mandala is to encourage every one of us to generate a compassionate heart for the benefit of all sentient beings.

Meditation and Dharma Hour: Spend time alongside the monks and the mandala in silent meditation, then soak in the wisdom of a dharma talk where you will learn about the universal truth that all monks live by.

Mani Stone Workshop: Under the guidance of the monks, you will paint your own prayer stone: known as a *mani doh*, or mani stone. These prayer stones are a physical representation of positive conditions such as long life, health and success. *

Pet Blessing: Bring your furry, feathered and four legged family members to a sacred blessing by a monk. Blessing will take place in the Performing Arts atrium. Cost is \$10.00 per pet, human family members are free. This blessing does not include admittance to the Sacred Art Tour. *

Butter Sculpture: Traditionally, Tibetan monks created elaborate sculptures of plants and animals inspired by stories of Buddha using butter from yak milk. Under the instruction of the monks, you will learn how to create beautiful, colorful flowers using non-toxic Play-Doh ... much cleaner and easier to work with than yak butter. *

Cultural Pageant Spectacular: Experience fascinating ancient Tibetan cultural traditions such as monastic debate, chants, Tibetan musical instruments and rituals of dance including the snow lion dance, yak dance and good luck dance. *

Dissolution Ceremony: An unforgettable experience! After spending countless hours laying millions of grains of sand into an intricate mandala, the monks will destroy it, sweeping the grains together in a sacred ceremony. After the dissolution, the blessed sand will be distributed among the attendees. The remaining sand will be poured into the water behind the Museum so the blessings will be carried with the flowing water.

Lunch and Dinner: Don't miss this once in a lifetime cultural culinary experience! Observe the preparation of an authentic, traditional Tibetan meal and share it with the monks of the Drepung Gomang Monastery. Momos (dumplings) are a treat you won't soon forget!

